



Minwaashin Lodge - Aboriginal Women's Support Centre
424 Catherine Street, 2nd Floor. Ottawa, ON K1R 5T8

Two Spirit Program



What is Two Spirit?

"Two Spirit" is a term used to describe Aboriginal people who also identify as Gay, Lesbian, Bisexual, Transgendered, Queer or Questioning. The term "Two Spirit" is an acknowledgement of the traditional teachings and sacred role of Two Spirited people, within the many nations of Turtle Island. This program is open to Aboriginal and non Aboriginal people. New members always welcome.

MARCH 2010 - Calendar of Events

Please Note: No Programming on the following dates due to staff training

Thursday, March 4, 11

Tuesday, March 30

Date/Time: Tuesday, March 2 **Time:** 6:00-8:00 pm

Details: Two Spirit Group at PTS (Pink Triangle Services) 251 Bank St., Suite 301. Potluck for snacks!

Activity: Guest Speaker—Scotty Redicopp Topic: Gay and Homelessness

Date/Time: Sunday, March 7 **Time:** 10-3 pm FREE (\$ for your own treats)

Details: Two Spirit Group Outing—"Fulton's Sugar Bush Aboriginal Day" Pakenham, ON

Activity: Experience the history on how maple sap was first discovered with Aboriginal storytelling, song and dance along with the traditional method of boiling sap. Dress appropriately for a hike in the bush! Bring your own bag lunch!

Space is limited for those requiring transportation, otherwise you are welcome to bring your own car. Please R.S.V.P.

Date/Time: Tuesday, March 9 **Time:** To be announced

Details: Movie Day Outing at Rainbow Cinemas St. Laurent Centre—Two Spirit Program will cover admission costs only.

Activity: Movie listing to be announced - Please R.S.V.P.

Date/Time: Tuesday, March 16 **Time:** 6:00-8:00 pm

Details: Two Spirit Group at PTS (Pink Triangle Services) 251 Bank St., Suite 301. Potluck for snacks!

Activity: Guest Speaker

Date/Time: Thursday, March 18 **Time:** 12:00-3:00 pm

Details: Kwe Day - Two Spirit Women's Circle and Potluck at Minwaashin Lodge

Activity: Lunch, Drumming and Beading

Date/Time: Tuesday, March 23 **Time:** 5:30-7:30 pm

Details: Two Spirit Coffee Club @ Second Cup Bank/Somerset (\$)

Activity: Coffee and good company

Date/Time: Thursday, March 25 **Time:** 1-3 pm

Details: Guest facilitator, Tania Dopler (Two Spirit Coordinator on Training)

Activity: Feasting the Eagle Staff with Willy Bruce, POTLUCK

For more information, please contact Sheila Lapratt, Two Spirit Program Coordinator
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