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September 2010

| Monday | Tuesday | Wednesday | Thurs | Friday |
|--|--|--|---|---|
|  | Culture Program Assistant Claire Bourque 613-741-5590 ext. 239 | 1 NO PROGRAM  | 2  | 3 NO PROGRAM  |
| 6 NO PROGRAM  | 7 NO PROGRAM  | 8 NO PROGRAM  | 9 Elder visit Raymond Ballentyne Cree Elder from Sandy Bay, Saskatchewan Name Giving & Colors Ceremony. Bring full pouch of tobacco and small gift. Must register. Dinner – Potluck Feast 5 – 8 pm | 10 NO PROGRAM  |
| 13 NO PROGRAM  | 14 NO PROGRAM  | 15 NO PROGRAM  | 16  | 17 Diane McKenzie Medicine for Winter roots, seeds, tinchure. Must register. Feast Provided 10 am – 3pm |
| 20 NO PROGRAM  | 21 NO PROGRAM <hr/> Drum Circle Bev Souliere shares teachings and leads us in traditional drumming and singing. 6 -8 pm. | 22 NO PROGRAM  | 23  | 24 Corn Moon Sweat Bring tobacco, bottled water, towels, tea towel bundles. Must register, limited transportation. Feast provided, 10 a m - 3 pm |
| 27 Traditional Support Bring tobacco to Grandmother for individual, traditional support, 10 am – 4 pm. To book an appointment contact 613-741-5590 Ext 259 | 28 Elder Teachings/Crafts Circle Grandmother Irene Lindsay leads circle. Learn to sew and craft the traditional way. Potluck Feast. 1 – 4 pm | 29 Elder Teachings/Crafts Circle Grandmother Irene Lindsay leads circle. Learn to sew and craft the traditional way. Potluck Feast. 10 am – 4 pm | 30  | Everything You Need is in Your Culture |