

# The Sacred Child Program

1155 Lola Street  
Lower Level  
Ottawa, Ontario  
Phone (613) 741-5590  
Fax (613)748- 8311  
www.minlodge.com



We serve Urban Indigenous Families in the Ottawa area. CAPC site for First Nations , Métis , Inuit Children ages 0 – 6 yrs families/friend including Two Spirit identified women are welcome to all programs offered at Minwaashin Lodge .We support and foster healthy child development (spiritual, mental, social, and emotional) with an emphasis on the promotion of cultural development and child advocacy. We are a parent cooperative program, which promotes positive parenting skills through hands-on involvement in children's activities and traditional teachings.

## We Offer

- Intervention and prevention on VAAW (Violence Against Aboriginal Women) and children.
- Healthy snacks & meals
- Cultural development and activities
- Circle Of Care-Aboriginal Approach to Alternative Dispute referral
  - Visiting Elders./Storytellers
  - Arts & Crafts
  - Cultural & traditional teachings
- weekly First Nations/Inuit and Metis Parenting group
  - Health & well being Workshops
  - Give-Aways
  - Parenting resources and info.
- Recreational Family outings
- Emergency respite child Care
- CASO access visitation on site



## The Sacred Child Program Schedule

Monday 9:30 am-12pm -CAS FNIM play group-family drop in 12:30-2pm

Tuesday 4:30-7:30 p.m. Family Night potluck dinner 0-6yrs old

Wednesday 12-3pm -CAS FNIM play group

Thursday 10-3pm Outreach and arranged Home visit

12:30-2 p.m. FNIM Parenting Circle-Our Way Of Parenting

Friday 10-3pm -Elder contact, sewing circles, teachings and ceremonies

*"There are two lasting bequests we can give to our children. One is roots, to keep them grounded. The other is wings to help them soar."  
-Hodding Carter Jr.*



Funded by:



### Contact:

Elaine Kicknosway ext. 234  
Child & Youth Programs Manager  
elaine@minlodge.com

Florence Hiltz ext. 227  
Sacred Child Advocate Assistant  
sacredchild@minlodge.com