



Minwaashin Lodge Children's Counselling Services

Nigaammi—We Are Singing

Art Therapy

For Children and Their Families

*Promoting healthy emotional and social development
through art expression*

Are your children needing support with issues such as:

Difficulties at home, school or community,
family relationships, experience of violence, showing
behaviours such as fear, anxiety, sadness, aggression
and depression?

Minwaashin Lodge— Aboriginal Women's Support Centre
offers free culturally based individual, family and group
counselling for:

- Children ages 5 to 11 years old
- Mother and Child sessions
- Family programs

For more information, contact Lucy Lu- Art Therapist,
please call (613) 741-5590 ext 231

Nigaammi Program Funded by:



Indian and Northern
Affairs Canada

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et du Nord Canada