

# Culture Education Program

## Minwaashin Lodge

1155 Lola Street, Ottawa



For more information and to register for workshops listed, please contact:  
 Frances Pasap 613-741-5590 ext. 239      [culture@minlodge.com](mailto:culture@minlodge.com)      [www.minlodge.com](http://www.minlodge.com)

### What You Will Be Creating, Learning and Sharing This Month

Wed Oct 4	<b>Traditional Knowledge</b> 10 am-2 pm	<b>Visiting Elder</b> Grandmother Irene Lindsey will share traditional teachings and lead a craft-making circle	
Fri Oct 6	<b>Ceremony for Women</b> 10 am to 2pm	<b>Full Moon Ceremony</b> Irene Compton conducts with helper Alanis King.	
Wed Oct 11	<b>Traditional Knowledge</b> 10am – 2pm	<b>Medicine Making Day</b> Judy Sakiney will provide teachings & facilitate how to make cedar oil vapor rub	
Fri Oct 13	<b>Ceremony for Women</b> 10 am – 4pm MUST register 613.741.5590 ext. 239	<b>Sweat Lodge Ceremony</b> Please bring: long skirt, tobacco, towel, berries, bottled water. 6 seats available in our van. Car pooling assistance needed	
Wed Oct 18	<b>Drumming &amp; Singing Skills</b> 10 am to 2pm	<b>Our Prayers are Our Songs</b> Paula facilitates Learn songs from Minwaashin Lodge CD	
Fri Oct 20	<b>Aboriginal Art</b> ALL SUPPLIES PROVIDED 10am – 2pm	<b>Rock Art Painting</b> Alanis King facilitates. Paint your own rock. Traditional knowledge & history of ancient pictographs. Who did them and why	
Wed Oct 25	<b>Aboriginal Crafting Skills</b> 10am – 2pm	<b>Drum Bag Making</b> Make your own drum bag to protect drum. Teachings, supplies & instructor provided	
Fri Oct 27	<b>Aboriginal Crafting Skills</b> 10am – 2pm	<b>Drum Bag Making</b> Make your own drum bag to protect drum. Teachings, supplies & instructor provided	
Sat Oct 28	<b>Fall Ceremony &amp; Feast</b> <b>SATURDAY</b> 10am – 2pm	<b>Changing Of The Flags</b> Irene Compton with helper Frankie Pasap will retire flags and cleanse our lodge.	

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Minwaashin gratefully acknowledges funding from the City of Ottawa.