

# Culture Education Program

## Minwaashin Lodge

1155 Lola Street, Ottawa



For more information and to register for workshops listed, please contact:

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[www.minlodge.com](http://www.minlodge.com)

### What You Will Be Creating, Learning and Sharing This Month

Wed Nov 1	<b>Teachings &amp; Beading Skills</b> 10am-2pm	Making Beaded Poppies to honour our Indigenous Veterans. Lest we forget!	
Fri Nov 3	<b>Full Moon Ceremony and Women's Sweat Lodge</b> 9:30 am to 5pm MUST register (613)741-5590 x239)	Please bring for outing: Long skirt, tobacco, towel, berries, bottled water. 6 seats available in Miwaashin van. Car pooling assistance needed.	
Wed Nov 8	<b>Traditional Medicine Teachings</b> 10 am to 2pm	Judy Sakinay, Oji-Cree will be with us once again to give us teaching and make your own healing cedar suave	
Fri Nov 10	<b>Traditional Drumming Circle</b> 10 am to 2pm	Drumming Social Come out and bring your drums	
Wed Nov 15	<b>Traditional Medicine Bags</b> 10am – 2pm	Traditional medicines bag teachings. Make your own medicine bag. Grandmother Irene Lindsey	
Fri Nov 17	<b>Traditional Beading Skills</b> 10am-2pm	Come out and learn to make beaded earrings with our Grandmother Irene Lindsey	
Wed Nov 22	<b>Cross Cultural Skills</b> 10am – 2pm	Egg painting history & culture with Anna. Learn Ukrainian techniques and blend With Indigenous designs	
Fri Nov 24	<b>Prevention of Violence Against Women Day</b> 10am – 2pm	Make a Smudge-Kit Bundle Bag for yourself and one for giveaway to street outreach for homeless or at-risk woman	
Wed Nov 29	<b>Cultural Dolls</b> 10am – 2pm	Doll making, history & culture with Anna. Learn Montanka Doll crafting techniques & blend with Indigenous designs	

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