

Minwaashin Lodge—Culture Program

March 2017 Calendar



Wed

Friday

Mar 1 – Feather Beds

Mar 3 – Walking Out Ceremony with children in partnership with Sacred Child Program

Mar 8 – Shawl Making

Mar 10 – Beading Circle

Mar 15 – Traditional Purses

Mar 17 – Learn to Applique

Mar 22 – Dream Pillows

Mar 24 – Strawberry Cushions

Mar 29 – Rabbit Art Expressions

Mar 31 – Medicine Wheel Pony Ties

10 am – 3 pm

Culture Program

Improve quality of life by participating in cultural activities

Each month cultural programs and activities offered to First Nations, Inuit and Métis women:

- Traditional knowledge, leadership & protocols
- Drumming and singing development
- Traditional crafts and beading skills
- Women's ceremonies, teachings, and celebrations
- Medicine walk, pow-wow regalia making
- Women's health and holistic well being
- Education and prevention of violence

Location

1155 Lola St @ Coventry Rd

Walking distance from St. Laurent Mall OC Transpo Bus #18

Parking available front & back Wheelchair & Stroller accessible

For more information please contact:

Irene Compton

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Office Hours: Wednesday's & Friday's 9-5pm

website: www.minlodge.com

Supplies and a healthy lunch are provided for all Friday Culture Day Programs

*please note we are unable to provide food for special diets

Minwaashin has a
NO SCENTS POLICY.
No perfumes or scents like
bounce to be worn

