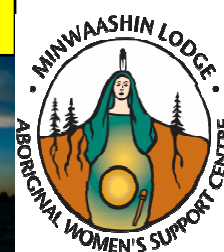


Culture Education Program

Minwaashin Lodge

1155 Lola Street, Ottawa

Abitaa- Niibi ni Giizis / Halfway Summer Moon






For more information and to register for workshops listed, please contact:

Irene Compton 613-741-5590 ext. 224

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www.minlodge.com

What You Will Be Creating, Learning and Sharing This Month

Wed April 5	MORNING Dreamcatcher Workshop 10 am – 12:30	MORNING Create you own special dreamcatcher Learn teachings of the dreamcatcher	All Supplies available 
Lunch 12:30 To 1:30	AFTERNOON Women's Roles & Responsibilities 2 – 4 pm teachings	AFTERNOON Visiting Elder MARY ELLIOTT Mary is from Atikameksheng Anishnawbek, grandmother and teacher to all those who are willing to learn Anishinawbe Mino Bimaadziwin (The Good Life)	Mary is well respected For her knowledge and teachings 
Friday April 7	First Nation Teachings 12 NOON – 3 pm	Learn Creation Stories and Teachings	In partnership with Sacred Child Program
Wed April 12	First Nation Traditional Fans 10 am – 3 pm	Most women dancers today carry a fan. On the down beats or honour beats of the song, the women raise their fan gracefully to show respect and honour as they dance. Make your own special fan for powwow	
Wed April 19	Beading Circle 10 am – 3 pm	Bring in your small beading projects. All supplies available	Master your skill and teach others new techniques
Friday April 21	First Nation Teachings 12 NOON – 3 pm	<ul style="list-style-type: none"> Learn protocols and teachings of the Sweat Lodge. learn the protocols and teachings attached to the drum 	In partnership with Sacred Child Program
Wed April 26	Traditional Cooking Skills 10 am – 3 pm	Learn how to make bannock, proper deer meat cooking techniques and traditional vegetables All cooking supplies included	
Friday April 28	First Nation Crafts 10 am – 3 pm	Learn to make your own Spirit Doll and the teachings attached to it	In partnership with Sacred Child Program

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Minwaashin gratefully acknowledges funding from the City of Ottawa