

Crisis Services

Minwaashin Lodge/Oshki Kizis Lodge Crisis Line - 613-789-1141

Police

911 Life-Threatening Emergencies or Crime in Progress

613-230-6211 other emergencies

613-236-1222 ext. 7300 (TTY: 613-760-8100) Call centre: To report theft, property damage, missing person or stolen vehicle.

613-236-1222 (TTY: 613-232-1123) Community Police Centres and all other enquiries

Ottawa Hospital, Sexual Assault & Partner Abuse Care Program
(613) 761-4366

Ottawa Police Services, Sexual Assault & Child Abuse Unit
(613) 236-1222
Ext 5944

Ottawa Rape Crisis Centre
(613) 562-2333

Sexual Assault Support Centre
(613) 234-2266

Ottawa Mental Health Crisis Line 613-722-6914

Toll free : 1-866-996-0991

24 Hour mental health Crisis Line for individuals over the age of 16. Also offer mobile in home support. City of Ottawa, Renfrew County, Stormont, Dundas & Glengarry Counties, Akwesasne and Prescott & Russell Counties.

Crossroads Children's Centre
Children's mental health Centre for children up to the age of 12.
Intake at 613-723-1623, extension 232.

David Smith Youth Treatment Centre:
Addictions treatment for youth 13-18 years old.
Tel : 613-594-8333

Ottawa Children's Treatment Centre
Specialized care for children and youth (sometimes adults as well) who have multiple physical developmental and behavioral needs. This is a good place for parents of kids with special needs.
Tel: (613) 737-0871
1-800-565-4839 (toll free)

Youth Services Bureau

Mental Health Services: Intake (613) 562-4708

Integrated crisis services: Phone: 613-260-2360 1-877-377-7775 (toll-free) Email:
crisis@ysb.on.ca

This includes a 24 hours crisis line offering telephone crisis support, mobile in the home interventions as well as a crisis residence where kids 13-15 years old can stabilize and make a plan to reintegrate into their homes.

Crisis Services in Parts of Ontario, Canada and Beyond

- [Ottawa and Region Distress Centre](#) (Ottawa)
- [Mental Health Service Information Ontario](#) (Ontario)
- [Kids Help Phone](#) (Canada)
- [Crisis Centres in Canada](#)
- [Crisis Centres in the USA](#)
- [Child, Youth and Family Crisis Line for Eastern Ontario](#)
- [Community Network for the Prevention of Elder Abuse for the Eastern Counties and Akwesasne](#)

Suicide Prevention Info

- [Centre for Suicide Prevention](#)
- [Youth at Risk of Suicide](#)
- [Recovery Connections](#)

Self help

- [Mood Disorders Association of Ontario](#)
- [The Schizophrenia Society of Ontario](#)
- [Société québécoise de la schizophrénie](#)
- [Canadian Mental Health Association](#)

General Information

- [PsychDirect](#)
- [Centre for Addiction and Mental Health \(CAMH\)](#)
- [Canadian Health Network](#)
- [Youth Services Bureau](#)
- [www.ementalhealth.ca](#)

Local Hospitals

- [The Arnprior and District Memorial Hospital](#)
- [Barry's Bay St. Francis Memorial Hospital](#)
- [Children's Hospital of Eastern Ontario](#)
- [Cornwall Community Hospital](#)
- [Deep River and District Hospital](#)
- [Glengarry Memorial Hospital](#)
- [Hawkesbury & District General Hospital](#)
- [Montfort Hospital](#)
- [The Ottawa Hospital](#)
- [Pembroke Regional Hospital](#)
- [Queensway Carleton Hospital](#)
- [Renfrew Victoria Hospital](#)
- [Royal Ottawa Hospital](#)
- [Winchester District Memorial Hospital](#)